Kaiholena Preserved At Last

It has taken almost forty years. The leeward coastal lands of Kaiholena, once zoned for a massive resort, are finally now preserved in open space for the people of Hawai‘i. On November 5, through funding provided by the State Legacy Land Preservation Fund and a number of donors who saw the need to protect the high cultural value of the place, title to the last of six land parcels in the makai ahupua‘a transferred from private ownership to the public. The 35-acre parcel known as Kaiholena South is the third purchase in the 263 acres of publicly purchased land from Akoni Pule Highway to the ocean. Kaiholena is a highly historic ahupua‘a, or Hawaiian land division, about half way between Kawaihae and Mahukona.

The latest project was spearheaded by the Ala Kahakai Trail Association (ATA), a non-profit locally-controlled arm of the Ala Kahakai National Historic Trail. The acquisition joins the 2010 purchase of three parcels totaling 151 acres by the County Open Space Fund. A two-parcel, 77-acre purchase in 2013 was made with funds from the county and the state legacy fund. The Kaiholena South purchase used $1.45 million from the state fund and $153,000 raised by the ATA. Major donors include the Freeman Foundation, the Dorrance Family Foundation, and the Atherton Foundation.

EWM Enterprises, the land owner represented by Charlie Anderson of Hawaii Pacific Brokers, also donated $497,000 in land value by

Kohala Hospital Joins Scrubs Drive

Early in October, Kohala Hospital nurses and other hospital personnel joined a county-wide effort to collect scrubs for clinical workers in flood-soaked South Carolina.

Interim CNE Carmela Rice was one of many Hawai‘i Island nurses to receive an urgent text from a South Carolina (SC) emergency room nurse seeking donations of new or used scrubs for her fellow SC nurses affected by the devastating flooding in that state.

That nurse, Meredith Gibbs, who formerly lived and worked on Hawai‘i Island, described the devastation, saying that most hospitals were without water, necessary services were down and many nurses were either staying at work or sleeping in their cars.

Gibbs emailed and texted her former nurses’ network in Hawai‘i for help: “I'm reaching out to the group who taught me about ‘ohana, about taking care of your own. You are all still my ‘ohana and I want to show my ‘ohana here in South Carolina what ‘ohana really means.”

Kohala Hospital leaders announced the request at their daily meeting. Within days, clinical and other staff at the little hospital with a big heart had collected forty sets of clean scrubs.

Those scrubs, including many that are aloha-themed, have been packaged and are on route to be distributed to dedicated nurses in South Carolina.

Kohala Hospital is a critical-access hospital with acute and long-term care services and a 24-hour emergency room that supports the North Kohala community. It is a member of the Hawai‘i Health Systems Corporation, a special agency of the state of Hawai‘i established in 1996. Its mission is to provide a healing environment to the community of North Kohala through the provision of quality health care services with emphasis on quality of life to all patients and residents.

Nurses at the Kohala Hospital donated much-needed scrubs to nurses in South Carolina who were caring for victims of the devastating October 2015 floods.

Photo courtesy of Kohala Hospital

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Kaiholena, continued from Page 1

discounting the purchase price below fair market value. The land will also be protected by a perpetual conservation easement held by Hawaiian Island Land Trust (HILT).

Gail Byrne Baber of Hawai’i did the lion’s share of coordinating the funding for Kaiholena South. It was the speed of all of the three coastal land purchases in Kohala, taking eight years from beginning to end. In an email, Byrne Baber congratulated all the many participants in the transfer.

A long string of North Kohala community groups has worked toward preservation of the land since the Akoni Pule Highway was built in the early 1970s. The earliest groups fought against the zoning of Kaiholena and some nearby land into a resort that would have included a 5,000-room hotel, 3,200 condominium units and 500 residences around a golf course and commercial space.

In the year 2000 the county granted the next owner – Pohaku Kea, LLC – the right to subdivide the 263 acres into six lots, even though neither water nor electricity was available. When community opposition failed to stop the subdivision, five Kohala community groups approached the owner with a proposal to purchase the lots for preservation. Meanwhile, a voter-backed initiative established the County Open Space Fund, fed annually by four percent of the real property tax revenues. Kaiholena lands were among the first nominations to the fund by the Public Access, Open Space and Natural Resource Commission. Kaiholena remained high on the annual priority list until it was purchased.

In addition, the North Kohala Community Development Plan (NKCDP), the official county planning document adopted in 2008, contains clear recommendations for the public purchase of four leeward areas, including Kaiholena. Two other recommended purchases have already taken place, Pao’o (Secrets) in 2010 and Lapakahi (Nu’uanu) in 2011. Mahukona is the only purchase recommended by the NKCDP not yet resolved.

The groups that have been working toward preservation of coastal lands, some for decades, are Malama Kohala Hakakai, Kamakani O Kohala ‘Ohana (Kako’o), Maika‘i Kamakani ‘O Kohala, Malama Na Wahi Pana ‘O Kohala and the Kohala Historic and Cultural Preservation Group. Together these groups also formed the non-profit Kohala Lihikai, specifically to coordinate stewardship on the purchased lands in conjunction with other community groups. Kohala Lihikai, along with the sponsoring groups, has pledged to work with ATÅ and HILT in continuing the preservation of the Kaiholena South land.

Between 2010 and 2015 the efforts to preserve lands of the North Kohala coastline have resulted in the purchase of more than 318 acres of formerly privately-owned oceanfront land by raising $183.3 million from a wide variety of sources.

The North Kohala community has a choice.

Either be part of the solution addressing the drug problem in North Kohala, or ignore it and allow the repercussions to mount – including more crime, more mental illness, and more of our youth going down the wrong path.

I recently held community meetings in North and South Kohala for those concerned about the increased use of methamphetamine and heroin in our communities. We began by acknowledging that everyone is affected by the increased use of drugs in our communities, whether because of family members and neighbors who are addicted, by way of drug related criminal activities, or simply in light of our collective added fears about the safety of our children.

Vice Lieutenant Sherry Bird, who heads up the County Police Narcotics Division for West Hawai’i, spoke about the continued high use of methamphetamine as well as the increase in heroin use in our communities. Vice Lt. Bird went on to discuss the close correlation between the drug crisis and the increase in crime in our communities. For those with drug addiction an crime issue translates into the need to come up with cash to pay for more drugs and for food for themselves and often food for their families. Lt Bird can be reached at 326-4646 ext. 226. Some were concerned that establishing medical marijuana dispensaries on this island could lead to more hard-drug related problems.

Irene Carpenter from Hamakua-Kohala Health Services then address the group, explaining what services her program provides and announcing that she had just been awarded a grant of a half million dollars to fund a new detox program. Her service area stretches from Hamakua to Waimea to North Kohala. They currently have a small location next to the North Kohala hospital – but that is sorely inadequate. To upgrade their program, including the detox program, they need to find additional suitable space for physician services. (This is an SOS to the North Kohala community to help find additional space for Hamakua-Kohala Health Services.) If you have any suggested locations for where this health clinic could expand in North Kohala, or to inquire about the new detox program, Irene Carpenter welcomes your comments at 775-7204.

The group also acknowledged that those being released from prison are very susceptible to returning to crime and selling drugs. Vice Lt. Bird pointed out that many of those in jail have mental health problems that are not being dealt with while they are in prison and explained that our mental health hospitals are now filled with court ordered patients leaving no room for anyone else. That means many of these folks who are in need of mental health services are left to fend for themselves once released from prison.

Giovanna Gherardi then discussed the Lokahi Treatment Center program in North Kohala that is helping to stem and prevent some of the drug problems affecting those getting out of prison. Many who are just released from prison are very susceptible to becoming productive members of our community – but are faced with the inability to find jobs and housing as well as the inadequacy of social services to address their needs. Gherardi explained that the Lokahi program is in need of funding and it may not be able to continue if additional funding is not found in the near future. Lokahi is working with the North Kohala Community Resource Center to explore potential funding sources. The Lokahi Treatment Center can be reached at 889-5099.

We went on to discuss other related issues including domestic violence and homelessness. One person stressed the difficulty finding any public housing if a person has a prior criminal conviction. (See Drugs, Page 3)
Drugs, continued from Page 2 have since learned it is possible to get a letter from the parole or probation officer to address this problem.)

Our discussion then moved to how we, individually, can best help to reduce drug usage in our communities.

We first stressed the need for increasing awareness of the problem, such as by way of sign waving and forming neighborhood watch groups that can watch for crime and for drug abuse in our communities. We are grateful for Shiro Takata’s energy, encouraging efforts aimed at community awareness of the existing problem.

Luna Haunui, President of the Waimea Hawaiian Civic Club, spoke about the importance of Hawaiian cultural mentorship with youth and how effective that has been.

He stressed the importance of youth-to-youth peer mentoring efforts. We all agreed a key focus needs to be on what youth activities and services are needed in North Kohala, including the need for more after school and youth sports programs. The skate park is one project I am determined to see completed in the near future.

Melony Tavares also attended the meeting as a representative of Kohala High School Leos Club.

Lions Club Announces Call for Donation Requests

Known primarily as a community service club providing vision checks for keiki and promoting healthy vision, the Kohala Lions Club also has a long history of supporting other projects that benefit the Kohala community. With funds raised from their annual Mother’s Day breakfast and summertime Luau as well as their recent Yard and Steak Sale, the Lions have been vital supporters of many youth-oriented programs and helped families in times of emergency.

Beginning in 2016, the Lions Club is changing its process for community groups requesting financial support from the club.

Twice a year – in January and July – groups who submit a written application to the club will be considered for a donation. Applicants must serve the Kohala community with preference given to groups that serve youth or the needy. Applicants must use the application form, which can be requested by email or hard copy (see accompanying box for how to request an application.) Completed applications will be considered by the Lions with awards announced in March and September, respectively.

This new process will allow the Lions to better plan their giving each year. Emergency giving will still be considered in times of personal and community crisis on a case-by-case basis. In addition to its support for community groups and emergency needs, the Lions also provide an annual scholarship to a graduating senior from Kohala High School Leos Club.

The Lions motto is “We Serve,” which they do through annual keiki vision checks, Sight is Beautiful contest and Flag Day program at Kohala Elementary School; highway road cleanup along Akoni Pule Highway; sponsorship of Kohala High School Leos Club; Pololu trail cleanup and other service projects in the community. They are also regular participants in the annual Kamehameha Day parade.

For more information about the Kohala Lions Club, call Chris Brown at 884-5122.

To Request an Application

Applications for donations from the Lions may be requested beginning December 1 by email to msolis1@hawaii.rr.com, or a hard copy may be obtained by calling Chris Brown at 884-5122. All completed applications must be postmarked no later than January 31, 2016.

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For more information about the properties above, call Chris Brown at 884-5122.
Working to the beat of hip-hop emanating from a heavy-duty boombox, two young men drive screws into a piece of wood trim. The two men are overseen by a third, who observes them through his black-rimmed eyeglasses.

The three work without pay, but they are united by a common goal: to return the Hawi Jodo Mission to the state it was in over a hundred years ago.

The mission’s history traces back to 1905, when it was first built as a Japanese language school for the immigrant sugar plantation workers.

The building was constructed from materials taken from an old pineapple cannery, so even then it was not truly “new.” In 1936 the school celebrated its first graduating class, which consisted of eleven Nisei, or second-generation Japanese.

Shortly after the bombing of Pearl Harbor, the ministry and teachers were interned and the U.S. government seized the property. It was then used as a military headquarters during World War II.

With the conclusion of the war in 1945, the property was returned to the Kohala American Legion. Thirty-six years later, in 1981, the Kohala American Legion returned the legal rights to the Hawi Jodo Mission, and since then it has been used as a Jodo mission and rescue. An architectural conservation specialist from Ireland, he usually works restoring castles, though he was also in charge of restoring the Nanbu building in 1998. Tom is aided by Coby Omar and Joshua Berdon, whose pure Hawaiian great grandmother, Bernice Kauhi, just so happened to have attended the Japanese language school.

Tom began the project back in 2009, when the first item on the agenda was to create the historic structure condition report. Since then he and his helpers have repaired the septic system and installed a handicapped ramp. They are currently reinforcing the foundation and re-shingling the weather-facing wall.

After those projects are finished, the trio will need to make the bathroom ADA (Americans with Disabilities Act) accessible, pour concrete for a handicapped parking stall and restore the old windows and floors.

The ultimate project will be to replace the leaking roof. This project is currently too expensive for the Jodo Mission; they’ve only been able to fund the current repairs by utilizing the nominal fees charged to those who use the building.

Nevertheless, the repair is of critical importance, and Tom encourages community members to utilize the room for events, whereby they will be helping to fund the repairs.

To rent the hall please contact Ted Matsuda at 756-5894. For more information about the mission and its repairs, contact Sensei Wajira Wansa at (808) 987-8495.
Dear Editor:
The County of Hawai‘i’s novice swim championships were held on October 24 at the Hilo Kawamoto pool. The Kohala team placed second in the Division II category behind the strong showing of its younger-division swimmers Marley Yamamoto, Livie Hart, Mae Land and Ryan.

The team gathered after the meet for a pizza party to honor all of the winners and members of the novice swim team, with medals awarded to each member of the swim team whether present or not. I want to thank the Kohala community and parents for their support of our swim team this year.

Jeff Coakley

Kohala Novice Swim Team Takes Second Place

The team, including Marley Yamamoto, swam for Kohala in the County of Hawai‘i Novice Swim Championships at the Kawamoto Pool in Hilo.

Correction

On page 11 of the October 2015 issue Verna Fernandez was mistakenly identified as Verna Cannon. We apologize for the error.
So what is your vision to make North Kohala a healthier/happier/safer place to live? Isn’t that the question we collectively ask for North Kohala – well, really, for all of Hawai`i Island? Bring your vision and ideas to the North Kohala Community Development Plan Action Plan Committee. And finally the Committee now has all nine members as well as subcommittees on Affordable Housing; Agriculture; Growth Management; Power, View Planes and Erosion Control; Public Access; and Water, Parks and Roads.

Think about joining one of these subcommittees so we make our good ideas happen. The Committee meets the second Monday of the month at 5 p.m. at the North Kohala Senior Center. It’s best to confirm with my office since the Planning Department wants to cut every other month’s Action Committee meeting.

Ag Tourism and the State’s Medical Marijuana Law

Other matters I currently have before the Council are amendments to the County’s Zoning Code to accommodate agricultural tourism and suggested changes in the state’s medical marijuana law.

My suggested changes to the new state law include:
1) giving the counties more say over where the marijuana production centers may be located;
2) allowing the counties to impose a 5 percent sales tax on the dispensaries’ sales to help cover the additional burden on counties that will result from the dispensary operations, e.g., by way of police and emergency services; and
3) removing the prohibition against caregivers providing medicinal marijuana to one eligible patient – which will otherwise be prohibited as of 2018 (thereupon requiring all medical marijuana to be obtained from a dispensary except in very limited circumstances).

The New North Kohala Bus Route

I have been meeting with County Mass Transit Director Tiffany Kai to finalize the route and schedule of the new Hele-On bus from North Kohala to Spencer Beach Park and Waimea, operating Monday through Saturday. We are expecting the bus to leave Nui`i at 8:45 a.m., with arrival time in Waimea about 10:30 a.m., and leaving Waimea for the return trip to Nui`i at about 12 noon.

Special Recognition of North Kohala Senior Club President Bobby Glory

At the December 14 Council meeting (to be held in Kona at the Civic Center), the Council will be presenting a commendation to Bobby Glory for his leadership role in our North Kohala community and in particular for his contributions as the President of the North Kohala Senior Club. At the same time we will be recognizing Pat Levi, president of the Waimea Senior Club and Stephanie Stearns, president of the Waikoloa Senior Club.

Funds for the North Kohala Skate Park

Out of my Council District 9 contingency relief funds, I have a resolution scheduled to come before the Council on December 14 to provide an additional $35,000 for labor costs to construct the North Kohala Skate Park. This amount should ensure that the expansion takes place now (and not who-knows-when). HOWEVER, additional contributions will be needed for finishing work – the cost of which is always more than expected!

For more information or to be added to my email newsletter list, give my office a call at 808-887-2043 or email me at Margaret.Wille@hawaiicounty.gov.

With much aloha,

Council Member Margaret Wille
District 9

Antioxidants can help you live a longer healthier life.

Antioxidants fight free radicals in the body by neutralizing them. Free radicals cause premature aging and have been linked to many chronic diseases. The measurement used for the amount of antioxidants in a given food is called its ORAC score or Oxygen Radical Absorbency Capacity. Foods with high ORAC scores are acai berries, pomegranates, blueberries, strawberries, spinach, and raspberries. Be sure to buy organic, as berries have thin skin and can easily absorb pesticides.

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Erosion Control Advances at Upolu Airport

By Toni Withington

To add to the work started by Kohala High School students last summer, the State Airports Division this month created additional soil erosion control sediment basins along the shore fronting Upolu Airport. The mostly organic mini-dams are meant to slow rain runoff and capture the soil to prevent it from entering the ocean.

Placement of the sausage-shaped fiber rolls, called waffles, in over 30 tiny gulches is the latest step in the restoration of the shore that was laid bare by off-road recreational vehicle use. Location of the check dams was determined by Airports Division engineer David Hein and sited using GPS coordinates.

These new dams supplement the dams constructed by students in July under the guidance of a crew from the Kohala Watershed Project. Besides controlling soil runoff, the dams are expected to create moister ground for the replanting of native species along the coast, which has been on-going for several years. In January, six hundred additional plants were in place on the once-bare ground. A large percentage of them have survived due to the wet summer and fall weather, according to Gail Byrne Baber, the coordinator for Kohala Lihikai and Malama Kohala Kahakai, local groups who are working with the Airports Division.

Also working with the project is the subcommittee on Power, Viewplanes and Erosion Control of the North Kohala Community Development Plan. Susan Fischer, chairman of the subcommittee, has been sharing lessons from successful erosion control measures taken on the leeward coast at Kohala Estates and Kawaihae’s Kailapa Project.

The dams are expected to create more friendly locations for the transplanting of naupaka, ilima and pa‘u o Hi‘iaka, which are the primary plants being used in the effort. The trail along the cliff-lined shore is open to the public for pedestrian use. Signs painted by Kohala High School students point out the native species with artwork highlighting their importance. Kohala Lihikai is asking trail users to help protect the plants and the soil erosion control measures, both of which are designed to save the reef and marine life offshore from further damage.
Kohala Hospital Welcomes New Emergency Room Physician

Oct. 2015 – This is the second in a series of interviews of the Kohala Hospital Emergency Room physicians conducted by Elaine Christianson, Secretary of the Kohala Hospital Charitable Foundation Board. We are happy to report Dr. Tony Jackson has joined the team.

EC: Can you tell me a bit about yourself and your background?

Dr. J: I was born in Alabama, grew up in LA, and went to medical school at UC Irvine. I then moved back to LA and worked at Martin Luther King Hospital, at the beginning of the specialty of emergency room medicine. It was an exciting time! I practiced there for maybe 10 years, living on a boat, till I met my wife, and we raised our kids got into middle school. We came to Kohala about 23 years ago with our pre-school aged kids on a conference. We took a drive May 1 to Kohala and we happened to stop by the middle school. We were overwhelmed by the feeling in this family friendly community and were ‘sold’ to being here after seeing the high school May Day performance that night.

EC: I am aware that you bought a piece of land down the road from us but it’s taken years for you to make the big move. What took so long?

Dr. J: The kids got into school, made friends and we were stuck in LA till they got into college. At the end of last August we sold everything and moved over. I needed to slow down.

EC: I understand you work both in the North Hawaii Community Hospital ER and here in Kohala Hospital.

Dr. J: Yes, at first I joined HEPA (Hawaii Emergency Physicians Association), which runs most of the hospital ERs in the Islands, to have steady work until a position opened up at Kohala Hospital.

EC: Having worked in several hospitals in the ER department, what kind of improvements at our hospital would you like to see?

Dr. J: I think the new ER space opening soon will vastly improve our working environment, and once we are in there for a while we will know more what materials are needed. A CAT scan [unit] would be an excellent addition to save a lot of patients a trip up to Waimea.

EC: Is someone on staff trained to read the images?

Dr. J: We just hired a new X-ray tech who has the ability to read CAT scans and X-rays, and digital images can be emailed to other experts.

But the material issue is just a matter of money. The harder issue we need to work on is the community perception of our hospital – fostering trust. I’ve seen Kohala people in the ER up in Waimea for problems that could have easily been handled here. People don’t get to know the docs working here, as they tend to come and go, with some exceptions like Dr. Watkins.

EC: What advice do you have for people coming to the ER?

Dr. J: The first bit is “patience.” It takes time to diagnose and treat, and there is only one doc at a time on a 24-hour shift. The person in the most critical condition is the first person to be seen.

EC: There is quite a crystal meth drug problem in this community. Do you see that affecting the ER?

Dr. J: We see quite a few of those cases, and often it is due to the side effects of the drug…You develop some extreme medical conditions, even at a young age, with heart and lung issues for instance.

EC: On a personal note, how is your wife Nancy adjusting from moving from a big city to this small rural community?

Dr. J: She has excellent skills in working in the field of physical therapy, especially in stroke rehabilitation. Unfortunately she has not found work, so she started working gratis with some folks in the community.

EC: I hope it all works out well for both of you, and thank you for your time.

Dr. J: We are here for the long run; this is the place we call home now.
Heroes Honored on Veterans Day

Story and photo by Lani Eugenio
Great warriors have come out of Kohala. Kamehameha was known for his warrior and leadership ability and was trained by the greatest warrior of all, Kekuhaupi‘o, who fought beside him. The highly decorated Samuel Kanehailua Solomon of Hawai‘i lost his life in the Vietnam War and the Solomon School in Honolulu is named after him. We have four of the oldest WWII veterans in the world. Both Shigeru Oshita (98 years old), and Edward Kobota (92) fought with the esteemed and medaled 100th Battalion. Masahiko Kawamoto (95 years old) and Yoshimi Yamamoto were from the famed 442nd Regimental Combat Team.

Every year, on November 11 at 11:00 a.m. (11/11/11), the North Kohala National Guard Alumni (NKNGA) honors all veterans who served in war and peace. Last year’s speaker, Ret. Colonel Larry Kanda, who grew up in Kohala, reminded us that, “Kohala never, never forgets its veterans.” He also described the veterans of NKNGA as men who are not great in number but who are great in heart. “They are a group that will stand up when help is needed.”

As the years pass, the men get older and the group gets smaller, but members of the NKNGA continue to remember. Sadly, many of us forget to honor our veterans because we have not experienced war and some of those who did just want to forget that experience.

One of the songs that is sung at the ceremony is “This is My Song,” also called “The Song of Peace.” Lloyd Stone (1912-1993) used the “Finlandia” tune and wrote the lyrics for the first two stanzas in 1934, between the two world wars when he was 22 years old. Interestingly, in 1944, at age 32, he joined a circus headed by the greatest warrior of all, and wrote books on poetry. He became a public school teacher and wrote books on poetry. He lived in Hawai‘i for four decades before moving back to California in the 1980s.

In November, think of Lloyd Stone’s song and all the veterans who want peace for their families and who don’t want their sons and daughters fighting in wars as they did.

THIS IS MY SONG
This is my song, O God of all the nations
A song for peace for lands afar and mine
This is my home, the country where my heart is
Here are my hopes, my dreams, my holy shrine;
But other hearts in other lands are beating
With hopes and dreams as true and high as mine.

My country’s skies are bluer than the ocean
And sunlight beams on clover leaf and pine
But other lands have sunlight too, and clover.
And skies are everywhere as blue as mine.
O hear my song, thou God of all the nations,
A song of peace for their land and mine.
Kupuna Honored at Annual Dinner

By Lani Eugenio

Senior citizens of Kohala were honored at the 5th Annual Kupuna Dinner at the Makapala Retreat. The event is run by Island Breeze Ministries and its directors, Liz and Eruera Kawe.

Tatiana Macomber and Landon Chinen share a Samoan dance with the audience.

Tahila Fruean and other musicians entertained the guests throughout the meal.

“We know that the generations that come before us have paved the way for the generations to come, and we want to honor them for all they have done,” said Lis Kawe.

Pa’ani Sayson, Faye Yates, Lana Lewis, Miriam Reyes and Hazel Troche enjoyed healthy salads and appetizers before a tasty entrée of herb-stuffed chicken breast with mashed potatoes, dinner rolls and steamed vegetables. Youth from the community lovingly served the kupuna.

Jose Diaz, Tahila Fruean and Landon Chinen do a Polynesian number from their program at the hotels.

The guests stood in awe as the evening ended with the traditional fire dance. The Kawes and the Island Breeze Ministries would like to thank all the businesses who donated door prizes and volunteers who made this event possible.

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Annual Island-Wide Festival Featuring Sustainable Agriculture Scheduled

With fall, and the changing of the weather, comes the Makahiki season, a time when ancient Hawaiians celebrated the harvest and abundance of the lands they so carefully cultivated. To honor this time and these traditions, the Hawai‘i Institute of Pacific Agriculture (HIP Agriculture), a local non-profit, is presenting the Kohala ‘Āina Festival. In its 6th year, the festival honors the local harvest, farmers, and the growing movement for island-wide food sovereignty. This is an educational event designed to inspire more involvement in Hawai‘i’s blossoming local food system and the aloha ‘aina movement. It is estimated that ancient Hawaiians fed up to 400,000 people with the bounty of these lands, yet in today’s modern age we import more than 85 percent of our food to the island. By reconnecting to our roots and growing more food, we can insure security for ourselves and our keiki.

Education and inspiration are the driving forces of HIP Agriculture. The organization hosts internships throughout the year, when young adults come from across the country to learn about sustainable living, the importance of food and farming, and about living in a way that is in harmony with the land. In addition to these internships, HIP Agriculture works with the youth of the island, offering field trips to one of the non-profit’s learning farms, some including overnight camping. Future plans include summer camps and a five-week-long Environment Leadership Training program for middle and high school students. Since its inception, HIP Agriculture has served hundreds of students from across the island.

There will be many chances to learn at the Kohala ‘Āina Festival, from educational tables to workshops and guest speakers. A big focus of the event is spreading important information and awareness about food and agriculture issues. Kumu Kai Kaholokai will hold a workshop on Hawaiian plant medicine and Chef Donna Maltz will offer a “Soil to Soul Effervescent Fermentation” presentation. There will be opportunities to learn about bamboo building, acro-yoga, beekeeping and Hawaiian activism. Makahiki was also a time when war was kapu, or forbidden. It was a time where the people of the island would come together and rejoice. In that spirit the festival will have a variety of musical and dance performances. Halau Kukui Aloha ‘O Kohala will be performing hula, and there will be African drumming and fire spinning performances.

This year’s music line-up is better than ever, with both local musicians and nationally renowned acts, such as Nahko and Medicine for the People. Hawai‘i’s own Mike Love, plus Chris Berry, Tubbly Love, Hawane Rios, Hualalai, Kaahele, Foster and Friends, and Losh and Found will be performing throughout the day.

The festival will feature a variety of food vendors offering organic and locally grown offerings for snacks and dinner. HIP Agriculture will feature a Tea Lounge with kava, coffee, teas, and kombucha and fresh coconuts will be available at the Niu Lani Juice Bar. Like last year’s event, this year’s festival will be zero waste; compost will be collected and only compostable, recyclable, reusable, or washable plates and utensils will be used. Hosting a festival that is conscious about its food offerings and waste, HIP Agriculture hopes to lead by example in how we live and walk on this planet.

The festival will be held at Inhabit Farms, 53-4223 Pratt Road in Kapa‘au, and will run from 3:00 p.m. to 9:00 p.m. with keynote presentations and headline entertainment from 6:00 p.m. to 9:00 p.m. Gates open at 2:00 pm. Tickets are $35 in advance and $45 at the gate and include the entertainment and educational workshops. Children 12 and under are free. Tickets are $35 in advance and $45 at the gate and include the entertainment and educational workshops. Children 12 and under are free. Tickets are $35 in advance and $45 at the gate and include the entertainment and educational workshops. Children 12 and under are free. Tickets can be purchased in advance online at http://kohalaainafestival2015.bpt.me or by calling Brown Paper Tickets at 1-800-838-3006. 

The Kohala ‘Āina Festival is the annual fundraiser for the Hawai‘i Institute of Pacific Agriculture, and 100% of proceeds raised support youth camps, residential farmer trainings and community education projects island-wide.

Donations are tax-deductible through the Hawai‘i Institute of Pacific Agriculture. Learn more at www.hipagriculture.org.
Weekly Events in December

**MONDAY**
- 7PM: Al-Anon meeting with Laura
  Lower Level, Walker Hall, St. Augustine’s 884-5833
- 5:30PM - 6PM: Insanity Classes with Ross Pagat
  Solid Rock North Church 989-0966

**TUESDAY**
- 8AM - 9:15AM: Hatha Yoga with Morgan Cassidy
  In the White tent, 53-496 Iole Rd 889-5151
- 9AM - 10:30AM: Sitting Meditation with John
  Meditation Hale, 53-3988 Akoni Pule Hwy 889-5151
- 11:15AM - Noon: Holiday music (Not Dec 22 & 29)
  Piano music by Kuha'o Kawaauhau 889-6655

**WEDNESDAY**
- 7PM: Alcoholics Anonymous
  Wylie Hall, ‘Iole Road, Kalahikiola Church 889-6703

**THURSDAY**
- 7PM: Narcotics Anonymous
  ‘Iole Road, Kalahikiola Church 889-6703
- 8AM - 9:15AM: Vinyasa Flow Yoga, with Maya Parish
  In the White tent, 53-496 Iole Rd 889-5151
- 5:30PM - 6PM: Insanity Classes with Ross Pagat
  Kamehameha Park Complex 989-0966

**FRIDAY**
- 10AM: Preschool Story Time (Not Dec 25)
  North Kohala Library 889-6655

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**Library’s Holiday Family Fun Night Scheduled**

Get in the spirit of the holiday season at North Kohala Public Library during the annual Family Fun Night on December 21 at 5:30 p.m. for ages five and up. This year the library is holding a “Polar Express”-themed party, including a story, craft, film and food. Children's librarian Leilani Silver will read “The Polar Express” by Chris Van Allsburg. A train ornament craft will be offered for families to make and take home. There will be food, including vegetarian chili and corn chips. “The Polar Express” movie will be shown and will be accompanied by popcorn and hot chocolate. It will be a fantastic evening of fun for the whole family.

For more information, call Leilani Silver at North Kohala Public Library, 889-6655. Please call three weeks in advance to request a sign language interpreter or other special accommodation.

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**Kohala High School Annual Holiday Craft Fair**

Kohala High School will be hosting its annual holiday craft fair on Saturday, November 28, from 9 a.m. to 2 p.m. in the school cafeteria. Join us as we ring in the holiday season with lots of food, music, entertainment and local vendors.

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**Kohala High School First Friday**

First Friday at Kohala High School is becoming a hit. On the first Friday of each month the school hosts an event that provides a venue for local vendors to showcase their goods and for friends and family to meet up and hang out.

There is always a lot of tasty food, great entertainment and a variety of goods for sale, including jewelry, crafts and clothing. Kids can even get a henna tattoo while they’re hanging out. If you haven’t stopped by to check it out yet, make sure you do. The next one is on Friday, December 4, from 4 p.m. to 7 p.m.

See you there!

---

**ALOHA HAWI NEIGHBORS!**

Ohana Fuels is now available at the former Shige’s gas station! Why Ohana Fuels? Because of our Ohana Pledge:

Ohana Fuels is a clean, high quality gasoline on a mission. We pledge to provide:

- **ONGOING DONATIONS** to local groups and charities that impact the local communities we serve.

Ohana Fuels donates a portion of all fuel sales to various non-profit groups on Maui and the Big Island every quarter. To date, more than $130,000 has been contributed!

- High quality TOP TIER™ gasoline. Gasoline that helps clean your engine and gets you better gas mileage.
- SAFE, CLEAN, CONVENIENT locations across Maui and the Big Island.

Minit Stop Hawi is coming soon! Minit Stop will be adding a full kitchen and convenience store within the former Shige’s building. When it’s completed, join us for our famous Minit Stop Fried Chicken, bento’s, deli sandwiches, salads, and more! All made fresh daily on-site!

**Check Your Mailbox For A Valuable Coupon For Fuel at Ohana Fuels!**
Get Involved With “The Coqui Watch Group”

Want to be part of the solution in keeping Kohala coqui-free? Join the Coqui Watch Group! Maylan Ackerman has joined forces with the Coqui Coalition and is spearheading an initiative called “The Coqui Watch Group”.

It is basically a neighborhood watch group that helps to locate, flag and monitor coquis that have been reported in the area.

Send your email address to Maylan, and when a coqui is reported to the hotline you will be notified by email. If the coqui is in your neighborhood, then you can help locate it and flag the location for the eradication team to easily find.

Many hours can be spent just searching and locating a frog that is reported. Coquis do not sing every night, and it often takes several nights to locate the frog. If the coqui has been reported in your neighborhood, simply make the commitment to help locate and flag the coqui so the eradication team can quickly and easily take care of it.

Then monitor the area for a couple of weeks to be sure there are no other coquis in that area.

More frogs are hitchhiking into Kohala by automobiles than any other way now. Having more people actively involved is the only way to continue to keep Kohala coqui-free.

For more information, call the Coqui Hotline: 889-1777
Send your email address to maylanackerman@gmail.com

Coqui Watch Group! Help keep Kohala coqui-free!

THE COQUI CORNER

October was a very busy month for the Coqui Coalition with over 20 different locations treated around Kohala!

Areas Treated:
- Niuli Gulch
- Niuli Village
- Hawi Town
- Ainakea
- Kapauu Veterinary
- Kamehameha Rock
- Keokea “Smokestack”
- Pololu Lookout
- Bus Stop Road
- Transfer Station
- High School

Want to get involved? Join the Coqui Watch Group! Call the Coqui Hotline for more information.

COQUI HOTLINE: 889-1777
DONATIONS GRATUITY ACCEPTED
NKRC
PO Box 519
HAWI, HI 96719
ATTN. COQUI
KEEP KOHALA COQUI FREE!

The Hawaii Health Connector announced Open Enrollment will begin November 1 and run till January 31, 2016. Those who are currently enrolled on the Hawaii Health Connector must take action between November 1 and December 15 in order to be eligible for healthcare insurance effective January 1, 2016, or risk being without insurance for 2016. Current plans will not be automatically renewed.

- Those who must enroll during open enrollment are:
- Those who have already received a letter saying “YOU MUST TAKE ACTION!”
- Anyone who does not have health insurance
- Anyone who has had insurance from the Hawaii Health Connector for 2015

Residents who aren’t sure of coverage should contact an Assister for help. Hawaii Island Workforce & Economic Development Ohana (HIWEDO), a non-profit organization, has placed Assistors in communities throughout the island, including North Kohala. Carol Fuertes, the North Kohala Assister, is available for appointments Monday through Friday from 9 a.m. to 3 p.m. – Monday and Wednesday at Kohala Inter-generational Center; Tuesday, Thursday and Friday by appointment only.

Carol will assist consumers with the application process and help to check whether they qualify for tax subsidies. For more information Carol can be reached directly at 938-8745; HIWEDO can be reached at 959-6200.

Kohala Health Center will also assist the community sign-up with the Hawaii Health Connector. For more information please call 889-6236.

There is a health insurance tax penalty for those who are not insured for 2016 and are filing federal taxes. This amount is 2.5 percent of the yearly household income or $695 per person ($347.50 per child under 18), whichever is higher. It will be part of the 2016 federal income tax liability. Those qualifying for insurance that need help paying the premiums may ask for help using the Premium Tax Credit. If granted, recipients must file a federal tax return for 2016.

Did you know? The Kohala Mountain News is online at www.kohalamountainnews.com
Check us out for all the latest news in Kohala!

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2015 - The Kohala Mountain News
Feast of St. Nicholas and Keiki Shopping Spree at St. Augustine’s Thrift Shop

St. Augustine’s Episcopal Church in Kapa‘au will be holding its 4th Annual Feast of St. Nicholas on Youth on Sunday, December 6, from 6:00 p.m. to 7:00 p.m. Children will gather in Walker Hall to learn about the tradition and significance of St. Nicholas. They will be invited to help decorate the Jesse Tree, part of the Christian tradition in ages past. All children are invited, regardless of religious affiliation. Pizza will be served.

Please RSVP to St. Augustine’s church office at 889-5390. Children attending the Feast of St. Nicholas event will be given three dollar vouchers for St. Augustine’s Thrift Shop “Keiki Shopping Spree” on Sunday, December 13, between 11:00 a.m. and 12:00 p.m.

The St. Augustine’s ‘ohana hopes to deepen the meaning of Christmas by helping keiki learn the gift of generosity and the joy of giving.

Liquid Aloha Aquatics to Start Pre-Team

The World Health Organization has determined there were an estimated 372,000 annual drowning deaths worldwide in 2012, making drowning the third leading cause of death by unintentional injury.

Liquid Aloha Aquatics, a member of the highly competitive USA Swimming, recognizes the need for youngsters to learn swim survival skills. The club will be starting a pre-team, where kids can come learn to swim without having to compete. A child may come one or more days a week, depending on their schedule, to learn skills that will enable them to be safer in the water.

The pre-team venue will also address those who just want to swim to stay fit and healthy. Swimmers are invited to engage in simple dry land exercises for muscle tone and strength, in addition to swimming.

The team meets each day at the Kohala Pool at 3 p.m. If you’re interested, stop by and check it out.

Photos by Lani Bowman

A young diver practices water entry at the Kohala Pool at Kamehameha Park. Liquid Aloha Aquatics, which has been training exclusively for competition, has created a non-competitive pre-team focused on water safety.

Reverend John Cole of St. Augustine’s Episcopal Church

Use your EBT Card at the Hāwī Farmers Market for fresh local food!

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Hāwī Farmers Market

Saturdays, 7 am – 2 pm

Under the Banyan Trees in Hāwī (Corner of Akoni Pule Highway (270) and Hāwī Road)

Promotional support for the Hāwī Farmers Market is provided by the North Kohala Eat Locally Grown Campaign and Hāwī Farmers Market with funding support from the USDA Agricultural Marketing Service’s Farmers Market Promotion Program.
Homecoming a Success!

By Yuki Zbytovsky
From October 12 to 17, the students at Kohala High School enjoyed a week of pep rallies, powder-puff, in-school games, float making and most of all… FOOTBALL! You guessed it… it was Homecoming!

The homecoming theme for this year was “Devour Those Daggers.” The game was against Pahoa High School and all activities centered on this theme. The girls in each grade level also took on the roles of men as the teams faced off in flag football to see which grade level had the most skill in sports. At the Thursday night pep rally, the football team and their coaches pumped up the crowd in preparation for the last two days of homecoming!

Participants in other sports, such as girls volleyball and cross-country, were also given recognition for their athleticism. The event was followed by “Island Boiz” playing live and students dancing the night away. The next day, school was filled with spirit and excitement as the boys performed their powder-puff routines in the afternoon assembly. On Friday the students were ready and alert for the homecoming parade the next day. The Saturday parade traveled from Kamehameha Park to Kohala High School, where the football game was to be held that afternoon. Results for the float-making were announced: sophomores came in first place, juniors in second, freshmen in third and seniors in fourth. All of the floats displayed school spirit and hard work from each grade level. With all of the floats on display, the Kohala Football team faced off Pahoa for their last home game of the season. They “Devoured Those Daggers” with a score of 55-0. Woohoo, Cowboys!

In celebration, a homecoming dance was held at the high school gym that evening. Students arrived in semi-casual wear and were provided an array of tasty snacks and drinks to enjoy and music to dance the night away once more.

I’m sure all of Kohala High School Students look forward to homecoming again next year.

Homecoming Court members celebrate together before the start of the homecoming dance. From left to right: Sophomore Attendants Ian Rivera and Whitley Francisco, Senior Attendant Isaiah Villacorte, Queen Aisha Yamazaki, King Austin Salvador-Racoma, Freshmen Attendants Mya Bartsch and Dawson Hoopai, Junior Attendants Setsuko Kimura and Kamaalea Emeliano-Solomon. Missing: Senior Attendant Zaylee Apostadito

Photo by Tia-Michelle Ubialas

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Photo by Tia-Michelle Ubialas
Kohala High School’s first quarter honor roll boasted sixty-two students, most heavily weighted in the senior class. Recipients of the honor included:

Seniors:
- Fuertes, Valerie Hageraats, Teshna Asagra, Gabriella Boyle, Cole
- Juliana Tenorio and Aisha Yamasaki.

Juniors:
- Tayvon Santiago, Kyrah Sol, Jesica Tenorio, Kainan Paro, Melanie Sahagun, Lewis, Anela Medeiros, Isaiah Kawaauhau, Jonah Lewis, Leilahihiwi, Kumulani Kaai, Kuhao

Freshman:
- Shania Fuentes, Kamalaie Gusman, Dawstjin Hoopai, Cheylin Imai, Angelique Kokal, Chayden Osaki, Mekaila Pasco, Isaiah Salvador and Gabrielle Tomas.

KHS Honor Rolls Shows Achievement
KHS Cross Country Runners Shine at BIIF State Championship

By Miranda Canniff
Kohala High School (KHS) Cross Country runners Yuki Zbytovsky, Gabrielle Bartolome and Chance Souze recently traveled to Seabury Hall on Maui for the annual Hawai‘i High School Athletic Association (HHSSAA) Big Island Interscholastic Federation (BIIF) State Championship (“States”) competition on October 31.

To get to States, runners are put through a series of evaluations, including team placement throughout the season and individual placement at the qualifying race. This year’s qualifying race was held on October 24 at Kamehameha Schools’ Kea‘au Campus.

At the BIIF qualifier Chance Souze, a junior and veteran runner for Kohala High, finished his three-mile race with an impressive time of 18 minutes and 54 seconds. Chance placed 27 out of 159 male runners.

Yuki Zbytovsky, one of the team’s most recognized members, placed 16 out of 149 female runners present at the BIIF qualifying race. Her final time for this race was 22 minutes and 47 seconds.

Gabrielle Bartolome, another talented athlete, placed 32 out of 149 female runners. Seeking redemption for not qualifying last year, Gabrielle secured her spot to run at States with a personal record for her senior year with a time of 24 minutes and 31 seconds.

The three travelled to States along with runners from across the islands.

At States, Kohala’s runners lived up to expectations, with all of their times within their averages.

Chance ran a good race with a time of 19 minutes and 33 seconds, Yuki finished her race in 21 minutes and 45 seconds and Gabrielle ran her race with a time of 24 minutes and 32 seconds, only a second slower than her personal record.

Chance and Yuki, along with other runners who had been training prior to the season’s start, ran during the summer with their new coach Andrea Leitner. The new coach continued the runners’ training throughout the regular season alongside previous years’ coach Melody Neitfield.

After years of running, seniors Yuki and Gabrielle’s high school cross country careers have finally come to a close, but not without a few accomplishments in tow. Yuki recently broken the KHS girls three-mile record time. The last record was set in 2009 by Mary Jo Osario, at 21 minutes and 44 seconds. Yuki broke the record on October 10 at Kea‘au with a time of 21 minutes and 28 seconds – a full fourteen seconds faster.
Kohala Unupa’a, an ‘aina-based, outside-of-school program in North Kohala, held its 2nd Annual Mauka to Makai camp during the 2015 school year summer break. Kohala Unupa’a’s executive director, Amoo Kainoa, and all Kohala Unupa’a staff members would like to say mahalo to the North Kohala Resource Center and all community contributors for their support in making this camp possible for the keiki in our community.

The formation of Kohala Unupa’a was the idea of Amoo and other community members who felt Kohala needed alternative activities for Kohala youth when school was not in session. Kohala Unupa’a, which means “Strong Foundation,” incorporates learning about modern-day culture grounded in Hawaiian culture and values. Using the ‘aina as the classroom, our haumana (students) explore our ‘aina’s rich history. To further build a strong foundation, our haumana listen to community kupuna and document their stories and memories of the ahupua’a where their ancestors lived and flourished. Kohala Linupa’a utilizes research-supported evidence-based team building activities such as field trips to historic places in Kohala to learn about the community we all live in. Additionally, Kohala Linupa’a hosts an annual camp called Mauka to Makai that takes community youth on a week-long camping excursion, which allows our youth to experience Kohala’s rich farming and ranching history on the Mauka segment of camp. On the Makai segment, the youth engage in experiential learning activities to better understand our community’s deep history and relationship with the ocean.

During the Mauka to Makai camp, youth experience hikes to learn about our land and the various plants and trees which help to sustain life on our island. Youth also participated in the traditional crafts of lauhala weaving, gathering and making kamani nut lei, gathering of ule hala to make rope and cutting of ohe (bamboo) to make a pu ohe. Additionally, camp participants get to learn about how ancient Polynesians used the stars and sailing techniques to get to Hawai‘i. This year the youths were gifted with seeing the Makali‘i, one of two ancient Hawaiian replica canoes. Camp participants had the opportunity to talk with crew members, learning about sailing technique and star navigation. Other fun ocean activities camp participants engaged in were a swim test and certification, and dawn fishing excursions.

The Mauka to Makai camp was only made possible as a result of public contributions through grants and contributions made by community contributors. Much mahalo for making Mauka to Makai happen for our community’s youth. Kohala Linupa’a is currently planning their 3rd annual Mauka to Makai camp. Please help us make this happen again for our youth. If you have any questions or would like to help with camp, please contact Amoo Kainoa at 895.2545 or jkching64@yahoo.com.

Mauka to Makai camp participants learned about Hawaiian canoes and sailing techniques when visiting the Makali‘i, one of two ancient Hawaiian replica canoes.
Students Learn History and Dance while Nurturing Flourishing Garden

Story and photo by Kyle Combes

On October 30 parents and students alike gathered on the patch of grass overlooking the Kohala Elementary School garden. At the bottom of the sloped assembly area near the fence were five African drums, which released reverberating notes into the air as the three men behind them rapped on their skins. As the last students filed in and sat down, the drums quieted and Kohala Elementary School Principal Danny Garcia took the mic. Mr. Garcia began by taking the audience back to 2010. He had just become principal, and the garden in front of which he now stood had been a mass of tall elephant grass. But the garden was not destined to always be so, for Ms. Nancy Redfeather, who was among the assembled crowd, had a vision. It was a vision to bring just one dollar, the school could gather enough money to bring just one dollar, the school could gather enough money to purchase seven water filters, which could collectively purify over seven million gallons of water. It was on this note that the assembly came to a close and the attendees slowly disbanded.

Kohala Elementary School students dance to the beat of West African Drums during the wrap-up celebration of the garden program “Rhythm of the Soil.” Over the course of 10 weeks, students learned African dance, chant and song, which they incorporated into their care of the school garden.

Mr. Garcia explained the foundation was in need of money for solar lights and water filters, since the region where the school was being built lacked electricity and clean water. If each student were to bring just one dollar, the school could gather enough money to purchase seven water filters, which could collectively purify over seven million gallons of water. It was on this note that the assembly came to a close and the attendees slowly disbanded.
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Palili ‘O Kohala is a project of Kahua Pa’a Mua. Funding support provided by the USDA Farmers Market Promotion Program, Dorrance Family Foundation and County of Hawai‘i County Council.

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